

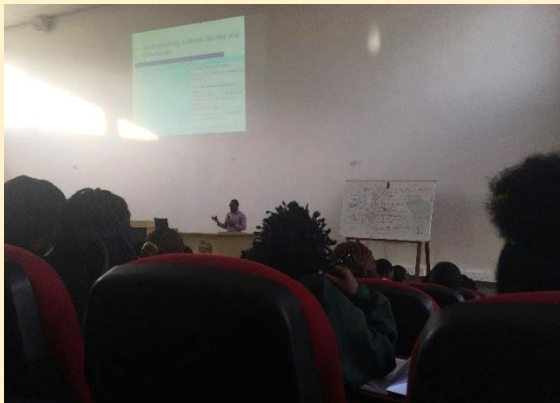
2022/09/15

Ms. Hikari Sakai, a Master's student, visited the University of Malawi in Africa from August 28 to September 26, 2022, to attend lectures.

Attended lectures

- Sociology of education (100 students)
- African and Caribbean Literature (French) (5 students)
- Fine Arts (Painting and Sculpture) (15 students) * She is interested in the arts education.
- Teaching strategy (Chemistry) (30 students)
- Teaching strategy (Master's class) (20 students)

The lecture rooms are arranged well. The lecturers used slides to present their studies.



University cafeteria

Provide breakfast for \$0.4-\$0.8 and lunch for about \$1.5. It was delightful.

University Dormitory Guesthouse

It is conveniently located about a 15-minute walk from the university. The kitchen, bathroom, toilet, etc., are shared, but the rooms are private. During staying, an international student from South Sudan and university administrative staff were staying there. A housekeeper cleaned the space two to three times a week. Unfortunately, Malawi has many power outages, and there was a blackout almost every day from 4 pm to 9 pm.



Restaurant near University Dormitory Guesthouse

This is a cheap and tasty restaurant that we often used in the evenings because of the power outage.

A photograph of a hand holding a pink menu. The menu is titled "MEET AND GREET MENU" and lists various food items with their prices. The items are organized into sections: 1. MEAT, 2. LOCAL CHICKEN, LIVER, 3. SAUSAGES, 4. EGGS, 5. BEANS, and 6. EGGS. A note at the bottom states "NOTE: ALL SERVED WITH VEGETABLES OR SALAD".

MEET AND GREET MENU	
1. MEAT	
(A) BEEF, GOAT, WITH CHIPS	= K1200
(B) BEEF, GOAT, WITH NSIMA, RICE, SPAGHETTI	= K1400
(C) MINCE WITH SPAGHETTI	= K1400
2. LOCAL CHICKEN, LIVER	
(A) LOCAL CHICKEN, LIVER WITH CHIPS	= K1300
(B) LOCAL CHICKEN, LIVER WITH RICE	= K1400
3. SAUSAGES	
(A) SAUSAGES (SMALL) WITH CHIPS	= K1200
(B) SAUSAGE (BIG) WITH CHIPS	= K1300
(C) SAUSAGE (SMALL) WITH NSIMA or RICE	= K1400
(D) SAUSAGE (BIG) WITH NSIMA	= K1400
4. EGGS	
2 EGGS WITH CHIPS	= K1500
2 EGGS WITH NSIMA or RICE	= K1300
5. BEANS	
(A) BEANS WITH NSIMA or RICE	= K1100
6. EGGS	
(A) BEEF, GOAT, MINCE	= K1700
(B) LOCAL CHICKEN, LIVER, SAUSAGE (BIG)	= K1900
(C) CHICKEN (BRAAI)	= K1700
(D) SAUSAGE (SMALL)	= K1250
(E) EGGS	= K1400
(F) BEANS	= K1400
(G) CHIPS	= K1000
(H) NSIMA, SPAGHETTI or RICE	= K1200

NOTE: ALL SERVED WITH VEGETABLES OR SALAD